



REGISTRATION & FEES:

- Participants must be registered prior to class in order to attend the entire session.
- Residents may start to register for classes 2 weeks prior to the beginning of the session.
- Non-resident members may begin registering 1 week prior to the start of the new session.
- Registration can be done with the Wellness and Fitness Center between the hours of 7 AM – 4 PM
- If classes are full due to limited space or equipment, participants will be put on a wait list. If enough people are on the waiting list, the Wellness and Fitness Center will decide whether to offer another class.
- Residents of the United Presbyterian Home will have the ability to use the Wellness and Fitness Center, attend classes or use pool (if clearance has been granted) all free of charge. Physician Release and HHQ forms must be returned. Residents will be limited to 10 pool uses per month.
- Membership is granted to individuals who are 55 and older living outside of the United Presbyterian Campus, have filled out and returned physician release and HHQ forms. Membership fee is \$25.00 per month. A one-time join fee will be charged at \$20.00.
- Pool use will be charged to members (that have been granted clearance) \$30.00 per month at a limit of 10 uses per month. Signs up for classes will be 1 week prior to the new month.
- Lost card replacement will be charged at \$5.00.
- Personal Training Sessions will be charged to members at a rate of:
30 minutes - \$25.00
- Guest may use the Fitness Center during normal hours of operation for \$5.00/day. All guests must be 55 years or older. The guest waiver will need filled out. Pool is not included.

*All classes and personal training sessions must be paid in advance